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Enquiries:

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**PLEASE EMAIL PAM IF YOU HAVE ANY
DIETARY REQUIREMENTS**

About the Speakers

Heather Harris

Heather has been a midwife and breastfeeding consultant for many years. She has held many senior hospital LC positions over the years. Heather presents at numerous conferences in Australia on topics ranging from lactation and midwifery through to counselling and nutrition. Heather currently provides a home support service for families experiencing breastfeeding issues.

Maureen Minchin

Maureen is a medical historian and health educator promoting evidenced based infant feeding and is internationally recognised for her pivotal role in creating the lactation consultant profession. She has been a consultant to international bodies such as the WHO and UNICEF. Maureen is the author of several influential books including *Food for Thought: a Parent's Guide to Food Intolerance and Breastfeeding Matters: what we need to know about infant feeding*. She has also written the groundbreaking book *Milk Matters: Infant feeding and Immune disorder (2015)*. Maureen works gratis with many families with both infant feeding and allergy problems, as well as being a resource for other health professionals.

Renee Kam

Renee qualified with a Bachelor of Physiotherapy from Melbourne University in 2000. In 2011 she published her book *The Newborn Baby Manual*. In 2012 Renee became a Board Certified Lactation Consultant. Renee has also written peer reviewed papers for *Breastfeeding Review* and regularly writes articles for BelylBelly.com.au. Renee is about to embark on Masters by Research Degree to investigate low milk supply.

Catherine Wallace-Wilkinson

Catherine is a registered nurse and has been a Credentialed Diabetes Educator since 2000. She is committed to teaching the contemporary realities of managing and preventing complications of Diabetes. Catherine has her own business Positive Health Directions and works in independent practice in southeast Melbourne.

Dr Scott Shemer

Scott is an obstetrician caring for women and their families in Melbourne. Scott endeavors to provide dedicated, evidence based, professional and compassionate care to pregnant women throughout their pregnancy and birth, caring for both normal and high risk pregnancies. Scott is a consultant obstetrician at the RWH and is also involved in teaching junior doctors and medical students.

This conference is proudly presented by:



Keeping It Simple

- Helping families achieve their breastfeeding goals, in their own home.
- Providing simple, nurturing & current support

www.boroondarabreastfeeding.com.au

PROGRAM

8.15-8.45am:	Registration
8.45-9am:	Welcome and housekeeping
9-9.45am:	Serotonin & Breastfeeding - What's the link? Heather Harris
9.45-10.30am:	WEIRD formulas- what's really in artificial milk? Maureen Minchin
10.30-11am	Morning Tea
11am-12.30	Tongue Tie – Evidence and controversies - Renee Kam
12.30-1.15pm	Lunch
1.15-2pm	Implications of Diabetes in Pregnancy and beyond- Catherine Wallace -Wilkinson
2-2.45pm	Milk Matters infant feeding and Immune disorder - Maureen Minchin
2.45-3pm	Afternoon tea
3.00-3.45pm	Preeclampsia – Implications for future health Dr Scott Shemer
3.45-4pm	Close



CHALLENGES, CONTROVERSIES AND CONFUSION IN MATERNITY CARE

Date: 22nd February 2019

Cost: \$205

Time: 8.30am - 4.00pm

Venue: Oaks on Market
60 Market ST
Melbourne 3000

A must for all health professionals working in maternity care